

One Adventure – Specific Covid Risk Assessment



Hazard	Initial risk rating	who	Control Measures	Risk Rating	Further measures
Contamination from instructors	medium	All participants	Instructors complete a health check before coming to work each morning. Distancing in place (1m) whenever possible. Instructors to make their own way to site and only car share of wearing masks and have the windows down.	Low	
Contamination from participants to instructors and vice versa.	medium	All participants	PPE for instructors during close contact –Putting on harnesses for climbing etc. Hand washing station for staff in place and sanitisers available. Group sizes reduced to no more than 10 per group and a maintained bubble in place for all activities. All activities to be held outside in open spaces – No indoor instruction	low	
Contamination from used equipment	medium	All participants	All equipment used must have solid surfaces and be cleaned/ sanitised down after each group has finished and moved on. Senior supervisor onsite to ensure measure are being followed.	low	
Contamination from dealing with a first aid issue.	High	All participants	Schools and groups to complete their own first aid in line with the guidance used from their own governing bodies, unions and departments.	low	

Risk assessment completed by Chris Quinn (Director)

Date 1/7/2020

Reviewed: 1/12/2020